

EMOTIONAL STABILITY, SELF PROFESSIONAL DEVELOPMENT AND ITS ROLE IN EFFECTIVE TEACHING

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ABSTRACT

The term teaching effectiveness implies that the teacher actions such as ways of explaining and questioning and the characteristics and personality traits, such as intelligence, knowledge and emotional stability that account for the teacher effect on student achievement (Nathaniel, 2009). Beside research pursuit, teacher must be with high academic caliber. Unfortunately many teachers are good in teaching and bad in research and vice versa. Because of lacunae in ideal blending of research and teaching, many teachers have ambiguous feeling. Professional teacher should strive towards higher standard of attainment spirit of inquiry and develop love for knowledge. The paper focused on the emotional stability, self professional development and its role in effective teaching. Six Osmania University affiliated MBA and Engineering (Professional) colleges and AICTE approved are randomly selected for the primary data collection. The study show that teachers with high level of emotional stability experienced greater growth of self professional development and highly productive in their profession.

KEYWORDS: Effective Teaching, Emotional Stability, Self Professional Development